

Appointment Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

Procedure Time: \_\_\_\_\_

## **PREPARATION FOR FLEXIBLE SIGMOIDOSCOPY**

**NO FOOD OR LIQUIDS AFTER MIDNIGHT THE DAY BEFORE YOUR PROCEDURE.**

**Purchase two(2) over the counter Fleet enemas .**

**Insert 1<sup>st</sup> Fleet Enema at \_\_\_\_\_ AM/PM.**

**Insert 2<sup>nd</sup> Fleet Enema at \_\_\_\_\_ AM/PM.**

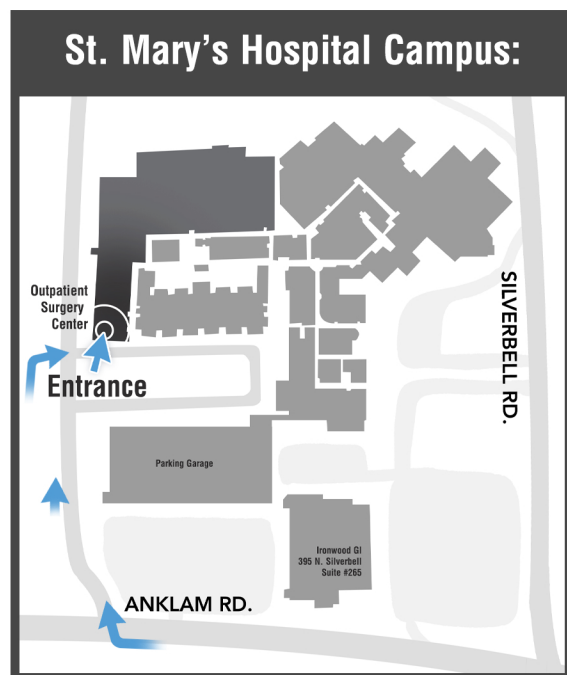
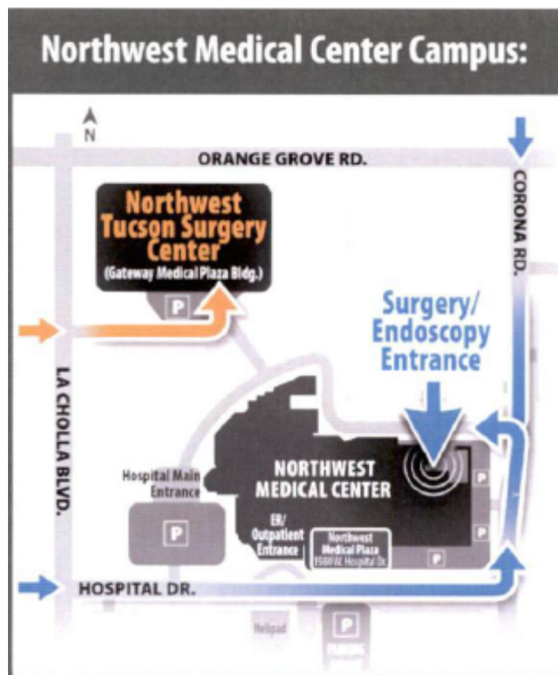
If you take daily medication, take 4 hours before procedure with a small sip of water. If you are currently taking blood thinning medication, including Coumadin, Warfarin, Ticlid, Eliquis, or Xarelto please notify procedure scheduler for additional instructions. Blood thinners are usually discontinued 3-5 days prior to the procedure.

You must have an adult 18 years or older remain with you during the procedure and drive you home afterward. You may not resume driving or operate any heavy machinery for the remainder of the day. If you are unable to keep your appointment, please contact us 72 hours in advance.

**Northwest Medical Center**  
Surgery/Endoscopy  
6200 N. La Cholla Blvd.

**St. Mary's Hospital Campus**  
Surgery/Endoscopy  
1707 W St Marys Rd.

**Northwest Medical Center**  
Surgery Clinic  
16260 S. Rancho Sahuarita Blvd.



**IRONWOOD**  
GASTROENTEROLOGY